

# Carving Board

Served on a Bagel, Roll or Hero-All Boar's Head Products

Chicken Breast	\$7.00	Bologna	\$6.99
Turkey Breast	\$7.49	Ham	\$7.49
Breaded Chicken Cutlet	\$7.99	Pastrami	\$9.99
Roast Beef	\$8.49	Corned Beef	\$9.99
Genoa Salami	\$7.99		

## EXTRAS

Hero	\$0.99	Fresh Mozzarella Cheese	\$1.00
Bacon	\$1.50		
Avocado	\$1.50		

CHEESES: Swiss, American, Yellow, Provolone, Muenster, Cheddar

# Speciality Sandwiches...\$9.99

Served with 1/4 lb homemade potato, macaroni or coleslaw

## Philly Cheese Steak

Served with your choice of cheese, onions and peppers on a hero \$9.99

## Marinated Steak Sandwich

Sauteed onions with mozzarella cheese on a garlic bread hero \$9.99

## All American

Ham, turkey, roast beef, american cheese, lettuce, tomato & mayonnaise on a hero

## The Twisted Sister

Turkey, ham and muenster cheese with 1,000 island dressing on a hero

## Italian Combo

Ham cappi, salami, pepperoni, provolone cheese, oil & vinegar on a hero with lettuce & tomato

## Buffalo Chicken

Boar's Head buffalo chicken & melted cheddar cheese with bleu cheese dressing on toasted garlic hero

## Steakhouse

Hot roast beef with cheddar cheese, caramelized onions & BBQ sauce on a hero

## The Mad Russian

Chicken cutlet with melted american cheese, 1,000 island dressing, lettuce & tomato on a hero

## Terrace Chicken Melt

Chicken cutlet, bacon, mozzarella cheese on garlic bread

## Classic Reuben

Hot corned beef, sauerkraut & melted swiss cheese on rye bread served with mustard or 1,000 island dressing

## Lox On A Bagel

With Cream Cheese

# Panini Grill.....\$9.99

All Paninis - Served with 1/4 lb homemade potato, macaroni or coleslaw

## All American

Turkey, ham, swiss cheese & tomato

## Golden Turkey

Oven gold turkey, melted Swiss cheese and coleslaw with 1,000 Island dressing

## Grilled Chicken

Fresh mozzarella, grilled chicken, portobello mushrooms and tomato

## Cajun Beef

Roast beef, caramelized onions, melted Monterey Jack cheese and cajun mayonnaise

## Vegetarian

Grilled zucchini, eggplant, onion, peppers, mushrooms & fresh mozzarella

## T-B-C

Turkey, bacon & cheddar cheese with BBQ mayonnaise

## Chicken Supreme

Breaded chicken cutlet, pepperoni & melted mozzarella cheese

## Chicken Cordon Bleu

Chicken cutlet, ham & melted Swiss cheese

# Wraps.....\$9.99

All Wraps - Served with 1/4 lb homemade potato, macaroni or coleslaw

## Grilled Chicken Caesar Wrap

Fresh romaine lettuce, grilled chicken and parmesan cheese with caesar dressing

## Buffalo Chicken

Fried chicken, melted mozzarella cheese & buffalo sauce with lettuce

## Grilled Veggie Wrap

Eggplant, zucchini, red peppers, green peppers, mushrooms, onions, fresh mozzarella & balsamic vinaigrette

## Tuna Salad

Tuna salad, melted american cheese, lettuce and tomato

## Turkey Reuben

Grilled turkey, sauerkraut, melted swiss cheese and 1,000 island dressing

## Terrace Wrap

Grilled chicken, bacon, melted American cheese, lettuce & tomato

# Hot Off The Grill

Mozzarella Sticks	\$8.99
Chicken Fingers & French Fries	\$8.99

## EXTRAS

	SMALL	LARGE
French Fries	\$3.49	\$4.99
Onion Rings	\$3.49	\$4.99
Avocado	\$1.50	-
Hot Cherry or Roasted Pepper	\$0.99	-
Sauteed Mushrooms	\$1.25	-
Sauteed Onions	\$1.25	-

# Homemade Soups

Regular.....	\$3.79
Large.....	\$4.99



4th Generation Bagel Bakers Since 1937  
**"All Food Is Prepared On The Premises"**  
**CATERING FOR ALL OCCASIONS**



**FREE DELIVERY**  
 8:00am - 2:00pm  
 Monday - Friday

**Store Hours: Mon-Sat 5:30am-3:00pm**  
**Sun 6:00am-3:00pm**

**876 Connetquot Ave.**  
**Islip Terrace, NY**

**www.terracebagelryanddeli.com**  
**Phone: (631) 277-6171 Fax: (631) 277-6173**



Prices subject to change. Prices do not include NYS sales tax.

# Bagels

Before placing your order, please inform our staff if a person in your party has a food allergy.

All Bagels Are Boiled & Baked To Perfection!

- Bagels.....\$1.30**  
Plain, Sesame, Poppy, Onion, Everything, Garlic, Egg Everything, Whole Wheat Everything, Cinnamon Raisin, Oat Bran, Salt, Everything, Mini
- One Dozen Bagels.....\$15.60**
- Flugel.....\$1.60**  
Plain, Sesame, Everything, Poppy, Sunflower
- Kaiser Roll.....\$0.80**
- Bialy.....\$1.60**
- Buttered Bagel or Roll.....\$2.49**
- Plain Cream Cheese.....\$2.89**
- Flavored Cream Cheese.....\$3.45**  
Vegetable Scallion, Cranberry Almond, Walnut Raisin, Strawberry, Olive
- Lox Cream Cheese.....\$3.69**
- Peanut Butter & Jelly.....\$3.45**

# Breakfast Sandwiches

Includes 12oz gourmet coffee until 11:00am

- 1 Egg on a Bagel or Roll** \$2.99
  - 2 Eggs on a Bagel or Roll** \$3.49
  - 1 Egg with Ham, Bacon or Sausage** \$4.49
  - 2 Eggs with Ham, Bacon or Sausage** \$4.99
  - The Hungryman- 3 Eggs with Bacon, Ham Sausage, Cheese & Home Fries on a Hero** \$8.99
  - 2 Eggs Platter with Home Fries & Toast** \$5.49
  - 2 Eggs Platter with Home Fries, Bacon or Sausage & Toast** \$6.29
- Extras:** Egg \$.85 - Cheese \$.75 - Home Fries \$1.49 - Egg Whites \$1.00 - Sausage \$1.50 - Bacon \$1.50 (3 slices) - Tomato \$.75 - Wraps \$.99 - Croissant \$.99

# Hot Off the Griddle

- French Toast** \$6.49
- Buttermilk Pancakes** \$6.49
- Pancakes with chocolate chips** \$6.49
- 2 Pancakes or 2 French Toast** \$9.99  
with 2 Eggs, ham, bacon & sausage

# Gourmet Salads

Sold by the pound or on a sandwich

	<i>Bread or Roll</i>	
	<b>Sandwich</b>	<b>lb.</b>
<b>Tuna Salad</b>	\$7.99	\$12.99
<b>Chicken Salad</b>	\$7.99	\$12.99
<b>Cranberry Chicken</b>	\$7.99	\$12.99
<b>Egg Salad</b>	\$6.99	\$9.99

# Terrace Salads

Add Grilled Chicken, Tuna Salad, Chicken Salad, Egg Salad \$3.99

- Caesar Salad**-fresh romaine lettuce, parmesan cheese & homemade croutons \$6.99
- Chef Salad**-lettuce, peppers, tomato, cucumbers, red onion, ham, turkey, roast beef, american and swiss cheese \$9.99
- Baby Spinach Salad**- baby spinach, red onion, boiled egg, mushrooms, tomato, bacon, feta cheese, grilled chicken with vinaigrette dressing \$9.99
- Greek Salad**-romaine lettuce, feta cheese, black olives, onions, peppers, tomato and cucumber served with house italian \$9.99
- Cobb Salad**-romaine lettuce, grilled chicken, avocado, bacon, tomato and feta cheese \$9.99
- Tossed Salad**-fresh iceberg lettuce, tomato, cucumber & carrots \$7.99

# Beverages

Iced Tea - Lemonade - Iced Coffee

- 16 oz** \$1.99
- 26 oz** \$2.19
- 32 oz** \$2.75



# Healthy Wraps

Delicious Breakfast Wraps

- Healthy Wrap #1** \$6.75  
3 egg whites & grilled vegetables in a whole wheat wrap
- Healthy Wrap #2** \$6.25  
3 egg whites and grilled turkey in a whole wheat wrap
- Healthy Wrap #3** \$6.75  
3 egg whites, grilled turkey and Alpine Swiss in a whole wheat wrap

# Omelets

Omelets include home fries & toast

- Cheese Omelet** \$6.49  
Over stuffed with your choice of cheese
- Western Omelet** \$8.99  
Ham, peppers & onions
- Vegetable Omelet** \$8.99  
Tomatoes, mushrooms, peppers & onions
- Greek Omelet** \$8.99  
Feta Cheese, baby spinach & onions
- Ham & Cheese Omelet** \$7.49
- Egg White Omelet** +\$1.00

# Sides

Choose Your Favorite Side!

- Homefries (S) \$2.99 (L) \$3.79 - Bacon (3) \$1.50
- (6) \$2.49 - Sausage \$1.50 - Hashbrowns \$1.49 - Ham \$1.50

# Bakery

Assorted Fresh Baked Goods!

- Assorted Muffins \$2.75
- Crumb Cake \$2.75
- Apple Turnover \$2.75
- Black/White Cookies \$1.99
- Cheese Danish \$2.75
- Cheese Croissant \$2.75

# Coffee Bar

Freshly Brewed Coffee

	SMALL	MEDIUM	LARGE
Columbian	\$1.83	\$1.99	\$2.25
Gourmet Coffee	\$1.60	\$1.85	\$2.10
Tea	\$1.60	\$1.85	\$2.10
Hot Chocolate	\$1.99	\$2.25	\$2.99
Cappuccino	\$1.75	\$2.00	\$2.25

